

Proviso Community Café
 Sharp Community Center
 1609 N. 36th Avenue
 Melrose Park, IL 60160

FEBRUARY 2019

Hours: Monday Through Friday, 8:00am to 2:00pm

Manager: Laurie Madden



Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT! BE SAFE !!</p>		<p>RESIDENTS DAY</p>	<p>Happy Valentine's Day</p>	<p>Stuffed cabbage roll OR baked Talapia w/butter sauce, scalloped potatoes, corn, wheat roll w/ margarine, an orange and a cookie</p>
<p>German style roast pork w/German mushroom gravy, potato pancake, dill carrots, biscuit w/margarine, and tropical fruit salad</p>	<p>Mexican chicken w/tortilla, Fiesta rice, Mexican black beans, corn salad, and peaches</p>	<p>Maxwell Street Polish w/bun and mustard, potato salad, baked beans, and pineapples</p>	<p>Chicken Italian w/red sauce OR white fish w/citrus sauce, pasta, green beans, wheat roll w/margarine, and a pear</p>	<p>Meatloaf w/gravy, mashed potatoes, succotash, multi-grain roll w/ margarine, tropical fruit salad, and graham cracker</p>
<p>Luuu Pork, Island rice, peas and carrots, Hawaiian roll w/margarine, royal bean salad, and apple-sauce</p>	<p>Italian sausage w/red sauce, pasta, green beans, whole grain roll w/margarine, broccoli salad, and fruit salad</p>	<p>Southern chicken w/country gravy, mashed potatoes w/country gravy, corn, biscuit w/margarine, an orange and an oatmeal bar</p>	<p>Turkey pot roast w/stew veggies, mashed potatoes, sour dough roll w/margarine, royal bean salad and pears</p>	<p>Bone-in Lemon chicken, OR creole white fish, rice, mixed veggies, muffin, pea salad and fruit cocktail</p>
<p>CLOSED</p> <p>President's Day</p> <p>Chicken Divan, rice, green beans, wheat roll w/margarine, juice and pineapples</p>	<p>Pepper steak, mashed potatoes, mixed veggies, wheat bun w/margarine, beet salad and peaches</p>	<p>Prime rib w/au jus, au gratin potatoes, carrots, multi-grain bread w/margarine and tropical fruit salad</p>	<p>Pasta and meatballs w/vodka sauce OR Lemon pepper white fish w/pasta peas and carrots, french bread w/ margarine, fruit juice and an apple</p>	<p>Oriental chicken Asian rice, mixed veggies, wheat roll w/margarine, Asian coleslaw, and pears</p>
<p>Chicken & sausage casserole, rice, peas and carrots, Cajun coleslaw, wheat bread w/margarine, and fruit salad</p>	<p>Turkey pot pie OR Tilapia w/dill sauce, mashed potatoes, mixed veggies, muffin and banana</p>	<p>Stuffed pepper w/sauce, pasta, green beans, French bread w/ margarine, mushroom salad and applesauce</p>	<p>Baked ham w/sweet & sour glaze, sweet potatoes, corn, rye bread w/margarine, fruit cocktail and granola bar</p>	<p>BLACK HISTORY MONTH</p>

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

Donation \$2.00

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