

APRIL 2019

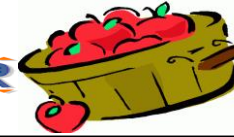
Hours: Monday Through Friday, 8:00am to 2:00pm

PHOENIX Community Café

650 E Phoenix Center Dive
Phoenix, IL 60426



SEPTEMBER



Café Manager: Elizabeth Davalos
(708) 331-2408

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED 	3 Bone-in chicken cacciatore w/ onions peppers and mushrooms, peas and pearl onions, pasta, roll w/ margarine cole slaw, and a orange 	4 Pork chop w/ mushroom gravy, au gratin potato, crinkle carrots w/ dill sauce, apple sauce, wheat bread margarine, oatmeal cookie 	5 Beef taco OR FISH taco with butter sauce, refried beans, spanish rice, corn salad, tortilla, pears 	6 Stuffed cabbage w/ red sauce, mashed potato, green beans, multigrain roll w/ margarine, fruit salad, oatmeal bar
9 Meatloaf, whipped potatoes w/ gravy, corn, 3 bean salad, bread & butter 	10 Sweet Tangy meatballs, rice, mixed vegetables, coleslaw, wheat roll w/ margarine, pineapple 	11 Grilled Hamburger, bun, ketchup & mustard, O' brien potatoes, carrots w/ butter sauce, fruit cocktail 	12 Barbecue pulled pork, tater tots, baked beans, bun, apple 	13 Italian meatball sandwich w/ homemade red sauce, OR Citrus White FISH, pasta, peas, French bread, fruit salad
16 Sloppy Joe, Potato chips, pears, Carrot & celery sticks, wheat bun 	17 Stuffed Green peppers OR Lemon Pepper White FISH, mashed potato, peas & carrots, sourdough roll w/ margarine, pear, cookie 	18 Italian sausage, w/ red sauce, spaghetti w/ marinara, italian green beans, broccoli salad, fruit salad, wheat bun 	19 Smoked Ham w/ cheddar sauce scalloped potatoes, corn, apple, hawaiian roll w/ margarine 	20 Prime rib w/ au jus, parsley potato, mixed vegetables, wheat bread w/ margarine, pineapple, oatmeal cookie
23 Italian Chicken, Parsley potatoes, baby carrots, coleslaw, bread & butter 	24 Bratwurst, german potato salad, sweet sour red cabbage, bun w/ margarine, cinnamon apples, mustard 	25 Southern chicken w/ country gravy, rotini pasta, corn, corn bread w/ margarine, pineapple, beet salad 	26 Hot dog, wheat bun, ketchup & mustard, potato salad, baked beans, tropical fruit salad 	27 Chicken w/ Alfredo sauce OR FISH creole sauce, pasta w/ alfredo sauce, sliced carrots w/ butter sauce, 3 bean salad, multigrain roll w/ margarine peaches
30 Stuffed Cabbage rolls, whipped potatoes w/ gravy, baby carrots, apple sauce, bread & butter 	 IN HONOR AND REMEMBRANCE		<p>FOR YOUR SAFETY</p> <p>If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!</p>	
				<p>Fat-free or Low-fat milk with each meal</p> <p>Donation \$2.00</p>

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

Funds, in whole or in part, for this publication were provided through Age Options and Northeastern Illinois Area Agency on Aging under Title III of the Older Americans act as administered through the Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290