

16300 Alba St
Lemont, IL 60439
Phone: (630)-257-0515





February 2019

Community Nutrition Network
Hours: Monday Through Friday, 9:00am to 2:00pm
Lunch Served at 11:30am



Lemont Café
Café Manager: Jennifer Owen

Monday	Tuesday	Wednesday	Thursday	Friday
				Stuffed Cabbage Rolls or Tilapia W/butter sauce 1 scalloped potatoes corn wheat roll orange cookie
German style roast pork 4 potato pancake dill carrots biscuit tropical fruit salad	Mexican Chicken 5 mexican beans fiesta rice corn salad flour tortilla peaches	Maxwell street polish 6 wheat bun potato salad baked beans pineapple	Baked Chicken stuffing broccoli fruit cocktail bread	Meatloaf 8 mashed potatoes succotash tropical fruit salad multigrain roll graham cracker
Luau Pork 1 Island Rice Peas & carrots royal bean casserole applesauce hawaiian Roll	Italian Sausage w/red sauce 12 pasta green beans whole grain roll broccoli salad fruit salad	Southern Chicken w/gravy 13 mashed photogates corn biscuit orange oatmeal bar	Roast Beef mashed potatoes garden vegetable melody three bean salad bread	Bone in Lemon Chicken or Creole white fish 18 mixed vegetables, rice peas salad muffin fruit salad
Chicken Divan 18 rice green beans juice wheat roll pineapple	Pepper Steak mashed potatoes mixed veggies beet salad wheat bun peaches	Prime Rib 20 augratin potatoes carrots multigrain bread tropical fruit salad	Chili Mac 2 noodles green beans coleslaw corn muffin	Oriental Chicken 22 mixed vegetables asian rice asian coleslaw wheat roll pears
Chicken & Sausage Casserole 25 rice peas & carrots cajun coleslaw wheat bread fruit salad	Turkey Pot Pie or Tilapia w/Dill Sauce 2 mixed veggies mashed potatoes muffin banana	Stuffed peppers 27 pasta green beans mushroom salad french bread applesauce	Chicken Enchilada 28 fiesta rice mexican beans pineapples	Fat-Free or Low-Fat Milk With Each Meal

MENU SUBJECT TO CHANGE DUE TO AVAILABILTY OF ITEMS

Fresh Bar \$3.25

Donations: \$3.00

Illinois Department on Aging and the Federal Administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S.Civil Rights act' Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint. For information, dial 1-800-252-8966 (voice & TDD) or contact the Director of Personnel at (312)207-5290