

This menu is approved for use by Georgis title IILC  
Nutrition Sites. K. Leicht, RD LDN MBA

Website-[WWW.CNNSSA.ORG](http://WWW.CNNSSA.ORG)



Sep-19



**CALL FOR RESERVATIONS**

**815-941-1590**

**COMMUNITY NUTRITION NETWORK**

Monday		Tuesday		Wednesday		Thursday		FRIDAY	
<b>SARATOGA TOWER</b>	<b>2</b>	<b>SARATOGA TOWER</b>	<b>3</b>	<b>SARATOGA TOWER</b>	<b>4</b>	<b>WHISTLE STOP</b>	<b>5</b>	<b>SARATOGA TOWER</b>	<b>6</b>
Office Closed Coupons sold tomorrow		Great Plates Coupons Sold at Saratoga Tower 8AM-12PM <b>R-Place</b> Breakfast Buffet Breakfast 8AM-10AM Suggested Donation \$6.00		Yankee Pot Roast w potatoes & carrots, Tossed Salad*, Peaches*, Biscuits & Butter, Dessert, Milk Catered by Upper Crust Lunch 11:30 Bingo 12:30 Suggested Donation \$6.00		Baked or Fried Chicken Buffet Salad Bar w/fruit, Mashed Potatoes/gravy, Rolls & Dessert, Milk 11 am - 1 pm Suggested Donation \$6.00		Breakfast Pizza w/ sausage & cheese, Roasted Vegetables, Hummus, Fruit, Dessert, Milk,  LUNCH 11:30 Bingo 12:30 Suggested Donation \$4.00	
<b>COAL CITY LIONS CLUB</b>	<b>9</b>	<b>SARATOGA TOWER</b>	<b>10</b>	<b>SARATOGA TOWER</b>	<b>11</b>	<b>WHISTLE STOP</b>	<b>12</b>	<b>SARATOGA TOWER</b>	<b>13</b>
Salisbury Steak, Mashed Potatoes & Gravy, Mixed Vegetables, Cole Slaw, rolls & butter, Fruit, Dessert, Milk Catered by Whistle Stop Café Great Plates Vouchers 10 am - 12 pm Lunch 12:00 Bingo to Follow Suggested Donation \$6.00				Lasagna, Caesar Salad w/croutons, Green Beans, Garlic Bread, Fruit, Dessert, Milk Pears, Dessert, Milk Catered by R Place Lunch 11:30 Bingo 12:30 Suggested Donation \$6.00		Beef Tips & Noodles, Mixed Vegetables, Salad Bar w/fruit, Rolls & Dessert, Milk 11 am - 1 pm Suggested Donation \$6.00		<b>Pot Luck Surprise!</b> Entrée Fruit, Milk, Dessert  LUNCH 11:30 Bingo 12:30 Suggested Donation \$4.00	
<b>SARATOGA TOWER</b>	<b>16</b>	<b>Mazon Legion</b>	<b>17</b>	<b>SARATOGA TOWER</b>	<b>18</b>	<b>COAL CITY LIONS CLUB</b>	<b>19</b>	<b>SARATOGA TOWER</b>	<b>20</b>
Lunch 12:00 Bingo to Follow Suggested Donation \$3.50		Chicken Parmesan, Spaghetti w Marinara, Tossed Salad, Green Beans, Fruit, Dessert, Milk Catered by Whistle Stop Café Euchre at 10:30 Lunch 12:00 Bingo to Follow Suggested Donation \$6.00		Baked Macaroni & Cheese w/Ham, Peas, Tossed Salad, Peaches, Rolls & Butter, Dessert, Milk Catered by Upper Crust Lunch 11:30 Bingo 12:30 Suggested Donation \$6.00		Chopped Steak with Onions & Mushrooms, O'Brien Potatoes, Green Beans, Tossed Salad, Dessert, Milk Catered by Whistle Stop Café Bingo @ 10:30, Lunch 12:00 Suggested Donation \$6.00		Breaded Fish or Chicken salad on bun, Sweet Potato Fries, Tossed Salad w/ Chickpeas and tomato, Peaches, Dessert, Milk  LUNCH 11:30 Bingo 12:30 Suggested Donation \$4.00	
<b>MINOOKA VILLAGE</b>	<b>23</b>	<b>R-Place</b>	<b>24</b>	<b>SARATOGA TOWER</b>	<b>25</b>	<b>SARATOGA TOWER</b>	<b>26</b>	<b>SARATOGA TOWER</b>	<b>27</b>
Chicken, Mixed Vegetables, Au Gratin Potatoes, Tossed Salad, Pears, Dessert, Milk Catered by R Place Lunch 12:00 Bingo to Follow Suggested Donation \$6.00		Italian Sausage w/red & Green Peppers, Oven browned potato, Salad Bar, Dessert Lunch 11AM-1PM Suggested Donation \$6.00		Beef Stir Fry, Rice Pilaf, Oriental Vegetables, Dinner Rolls & Butter, Pears, Dessert, Milk Catered by R Place Lunch 11:30 Bingo 12:30 Suggested Donation \$6.00		Lunch 12:00 Bingo to Follow Suggested Donation \$3.50		Hot Dog on bun, Cheesy Potatoes, Peas, Tossed Salad, Dessert, Milk,  LUNCH 11:30 Bingo 12:30 Suggested Donation \$4.00	
<b>SARATOGA TOWER</b>	<b>30</b>								
Lunch 12:00 Bingo to Follow Suggested Donation \$3.50								Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.	

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away!! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You