

This menu is approved for use by Georgis title IIC Nutrition Sites. K. Leicht, RD LDN MBA

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Mar-20



CALL FOR RESERVATIONS

815-941-1590

# COMMUNITY NUTRITION NETWORK

Monday		Tuesday		Wednesday		Thursday		FRIDAY	
<b>SARATOGA TOWER</b>	<b>2</b>	<b>R-Place</b>	<b>3</b>	<b>SARATOGA TOWER</b>	<b>4</b>	<b>WHISTLE STOP</b>	<b>5</b>	<b>SARATOGA TOWER</b>	<b>6</b>
<b>Great Plates Coupons Sold at Saratoga Tower 8AM-12PM</b>  Lunch 11:30 Suggested Donation \$3.50		Breakfast Buffet  Breakfast 8AM-10AM Suggested Donation \$6.00		Meat Loaf, Mashed Potatoes & Gravy, Tossed Salad, Green Beans, Rolls & Butter, Fruit, Dessert, Milk  CATERED BY UPPER CRUST Lunch 11:30 BINGO 12:30 Suggested Donation \$6.00		Baked or Fried Chicken Buffet Salad Bar w/fruit, Mashed Potatoes/gravy,  Rolls & Dessert, Milk 11 am - 1 pm Suggested Donation \$6.00		Goulash, Tossed Salad, Tuna Noodle Casserole, Kidney Bean Salad, Fruit, Milk, Dessert  LUNCH 11:30 BINGO 12:30 Suggested Donation \$4.00	
<b>COAL CITY LIONS CLUB</b>	<b>9</b>	<b>SARATOGA TOWER</b>	<b>10</b>	<b>SARATOGA TOWER</b>	<b>11</b>	<b>WHISTLE STOP</b>	<b>12</b>	<b>SARATOGA TOWER</b>	<b>13</b>
Corned Beef & Cabbage Parsley Potatoes, Carrots Green Jello w/Fruit, Rye Bread & Butter, Brownies, Milk CATERED BY WHISTLE STOP CAFÉ Great Plates Vouchers 10 am - 12 pm Lunch 12:00 BINGO to Follow Suggested Donation \$6.00		Lunch 11:30 Suggested Donation \$3.50		Lasagna, Caesar Salad, Green Beans, Peaches, Garlic Bread, Dessert, Milk  CATERED BY R PLACE Lunch 11:30 BINGO 12:30 Suggested Donation \$6.00		Meatloaf, Mashed Potatoes & Gravy, Mixed Vegetables, Rolls & Butter Salad Bar, Dessert  11 am - 1 pm Suggested Donation \$6.00		Slow Cooked Pork Loin & Kraut, Maccaroni & Cheese, Black Bean Salad, Fruit, Dessert, Milk  LUNCH 11:30 BINGO 12:30 Suggested Donation \$4.00	
<b>SARATOGA TOWER</b>	<b>16</b>	<b>Mazon Legion</b>	<b>17</b>	<b>SARATOGA TOWER</b>	<b>18</b>	<b>COAL CITY LIONS CLUB</b>	<b>19</b>	<b>SARATOGA TOWER</b>	<b>20</b>
		Corned Beef & Cabbage Parsley Potatoes, Carrots Green Jello w/Fruit, Rye Bread & Butter, Dessert, Milk CATERED BY R PLACE Euchre at 10:30 Lunch 12:00 BINGO to Follow Suggested Donation \$6.00		<b>March For Meals Community Lunch</b> Corned Beef & Cabbage Parsley Potatoes, Carrots Green Jello w/Fruit, Rye Bread & Butter, Dessert, Milk CATERED BY UPPER CRUST Lunch 11:30 BINGO 12:30 Suggested Donation \$6.00		Spaghetti & Meatballs w/Marinara , Caesar Salad w/cROUTONS, Green Beans, Garlic Bread, Fruit, Dessert, Milk  CATERED BY WHISTLE STOP CAFÉ BINGO @ 10:30, Lunch 12:00 Suggested Donation \$6.00		Loaded Baked Potato w/cheese, Ham & sour cream, Hummus & Vegetables, Fruit, Milk, Dessert  LUNCH 11:30 BINGO 12:30 Suggested Donation \$4.00	
<b>MINOOKA VILLAGE</b>	<b>23</b>	<b>R-Place</b>	<b>24</b>	<b>SARATOGA TOWER</b>	<b>25</b>	<b>COAL CITY LIONS CLUB</b>	<b>26</b>	<b>SARATOGA TOWER</b>	<b>27</b>
Corned Beef & Cabbage Parsley Potatoes, Carrots Green Jello w/Fruit, Rye Bread & Butter, Dessert, Milk  CATERED BY R PLACE Lunch 12:00 BINGO to Follow Suggested Donation \$6.00		Chicken & AuGratin Potato California Blend Vegetable, Salad Bar, fruit, Dessert  Lunch 11AM-1PM Suggested Donation \$6.00		Beef Stroganoff, Peas & Carrots, Applesauce, Rolls & Butter, Tossed Salad, Dessert, Milk  CATERED BY R PLACE Lunch 11:30 BINGO 12:30 Suggested Donation \$6.00				<b>Monthly Birthday Party</b> Tuna Salad or Chicken Salad on a bun, Soup, Tossed Salad Fruit, Milk, Dessert  LUNCH 11:30 BINGO 12:30 Suggested Donation \$4.00	
<b>SARATOGA TOWER</b>	<b>30</b>	<b>SARATOGA TOWER</b>	<b>31</b>						
Community Nutrition Network, Inc. does not discriminate in admission to programs or treatment of the employment in the programs or activities in the compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department of Aging. For information, call 1-800-252-8966 [voice & TDD] or contact the Director of Personnel at [312] 207-5444.									

Saratoga Towers Café serves meals daily at 11:30, open to public 60+ For your safety if you cannot eat all of your meal Refrigerate it right away!! Be safe! Please call 815-941-1590 to make or change a reservation. When you leave a message be assured we will follow through. Menu Subject to change due to availability of items. Thank You