



JANUARY 2019

Color of the Month: Blue and White

Monday	Tuesday	Wednesday	Thursday	Friday
	01 CLOSED 	02 PARTY 	03. 	04 10:00am 
7 10:00am 	8 10:00am 	9 10:00AM 	10 BINGO NOON 	11 
14. 10:00AM 	15 Let's Celebrate January Birthdays  	16 	17 10:30 	18 @ 9AM HEALTHY Cooking Demonstrations  
21. Closed 	22 	23 	24. Museum of Science and Industry Trip BINGO NOON 	25 
28 12:00pm 	29 	30 	31. 10:30 	New to the Café? Your First 3Lunches are FREE!

Menu subject to change due to availability of items. Funds in whole or in part for this publication were provided through an award from Age Option under title 111 of the Older Americans Act as administered through the Illinois Department on Aging and federal administration on Aging. Community Nutrition Network does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Act; the Age Discrimination Act; the Age Discrimination in Employment Act; and the U.S. and Illinois Constitutions. If you feel you have discriminated against, you have the right to file a complaint. For information dial [1-800-252-8965](tel:1-800-252-8965) (Voice and TDD)