

Community Nutrition Network

3140 Enterprise Park Ave
South Chicago Heights IL. 60411



SEPTEMBER



Café Manager: Elizabeth Morales
(708) 843-6229

Hours: Monday Through Friday, 8:00am to 2:00pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CLOSED</p> 	<p>3</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>4</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>5</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>6</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>
<p>9</p> <p>ZUMBA 9:30-10:00am</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>10</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>11</p> <p>SUNSHINE MEETING 9AM</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>12</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>13</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>
<p>16</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>17</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>18</p> <p>DELI DAY</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p> <p>Ham Pretzel bun w/honey mustard chicken noodle soup, salad, jello, fruit cocktail, broccoli salad</p>	<p>19</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>20</p> <p>FALL BALL</p> <p>"DJ JULIAN & APPETIZER TABLE "</p> <p>RSVP ONLY</p> <p>DRESS TO IMPRESS</p> <p>RAFFLES & PRIZES</p> <p>B.I.N.G.O. 10:30-11:30AM</p>
<p>23</p> <p>ZUMBA 9:30-10:00am</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>24</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>25</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>26</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>27</p> <p>B.I.N.G.O. 10:30-11:30AM</p>
<p>30</p> <p>B.I.N.G.O. 10:30-11:30AM</p> <p>RSVP FOR CASINO TRIP</p>	<p>COLLECTING \$28 FOR FOUR WINDS CASINO FRIDAY, OCTOBER 11, 2019 LAST DAY SEPTEMBER 30, 2019</p>		<p>FOR YOUR SAFETY</p> <p>If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT!</p>	<p>Fat-free or Low-fat milk with each meal</p>  <p>Donation \$2.00</p>

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

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