

Community Nutrition Network  
3140 Enterprise Park Ave  
South Chicago Hts IL 60411



# March 2019

Hours: Monday Through Friday, 8:00am to 2:00pm



Manager: Elizabeth Morales  
(P) Café: 708.755.7903

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FOR YOUR SAFETY</b> If you cannot eat your meal or if you are not ready to eat your meal when it is delivered, <b>REFRIGERATE IT RIGHT AWAY PLEASE DON'T LEAVE YOUR FOOD SITTING OUT! BE SAFE !!</b>		Fat-Free or Low-Fat Milk With Each Meal  		Meatloaf w/ gravy ALT: White fish citrus sauce Mashed Potatoes succotash Tropical Fruit salad Bread and grahm cracker
<b>Turkey Breast</b> Stuffing Green Beans Beet Salad Bread	German style roast pork with mushroon gravy Potato Pancake Carrots, buscuit Tropical Fruit 	<b>Mexican Chicken</b> ALT: Breaded Fish/tartar Mexican Beans/Fiesta Rice Tortilla/ Corn Salad Apple	<b>Maxwell Street Polish</b> Potato Salad Baked Beans Pineapple 	<b>MARCH FOR MEALS DAY</b> Chicken Italiano w/ red sauce ALT: Tilapia w/butter sauce Pasta Green Beans, Wheat roll Pears
<b>ZUMBA</b>	<b>ZUMBA</b>	<b>SUNSHINE MEETING</b>	<b>SUNSHINE MEETING</b>	<b>St. Patricks Day Celebration</b>
<b>Chicken Parmesan</b> Pasta Mixed Vegetables Salad Bread 	Bone in Lemon Chicken Rice Corn 3Bean Salad Applesauce 	Turkey Pot Roast Mashed Potatoes Stew Vegetables Fruit Cocktail Sour Dough roll	Southern chicken w/ country gravy, Obrien Potatoes Mixed Veggies Biscuit, Orange Oatmeal Bar 	St. Patricks Day Celebration Corned Beef Creamy Mashed Potatoes Vegetables Leperchaun Cake 
<b>Baked Chicken</b> Stuffing Broccoli Fruit Cocktail Bread	Pepper Steak Mashed Potato Mixed Vegetables Wheat roll, peaches Granola Bar 	Meatballs w/Vodka Sauce Pasta Peas, french bread Fruit juice 	Prime Rib Augratin Potato Carrots Multi Grain Roll Tropical Fruit 	<b>POTLUCK - Share a Dish</b>
<b>ZUMBA</b>	<b>ZUMBA</b>	<b>ZUMBA</b>	<b>ZUMBA</b>	<b>ZUMBA</b>
<b>Hamburger</b> Cole Slaw Pasta Salad Baked Beans Bun 	Sloppy Joes Diced Red Potatoes Baked beans Dfruit Salad 	Chicken & Sausage Casserole Rice Peas & Carrots Cajun Coleslaw Wheat bread Applesauce	Stuffed Pepper w/sauce Pasta Green Beans Mushroom Salad French bread Banana 	Baked Ham w/ sweet glaze ALT: Tilapia w/lemon dill sauce Corn, Sweet potato cubes Rye bread Granola bar Fruit cocktail

**MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS**

**Donation \$2.00**

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