

Brookfield Colgrass Café
 9022 31st St
 Brookfield, Il 60513

Days: *Mondays-Fridays*
 Times: *8:00am-2:00pm*
 Phone: *708/310/4434*



**Community Nutrition Network
 & Senior Services Association**



June 2019

**Café Manager:
 Tanya Harrison**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Tuna salad on croissant Minestrone soup Tossed salad w/dressing Cottage cheese Fruit salad Beet salad	4 D Stuffed cabbage roll Whipped potatoes Baby carrots Applesauce Bread & butter	5 Turkey w/cheese on bun Mushroom soup Tossed salad w/dressing Yogurt Fruit cocktail Corn salad	6 Sloppy joes w/wheat bun OR creole white fish Corn Black bean & onion salad Sliced cinnamon apples	7 Lemon oregano bone-in chicken Mixed vegetables Potato wedges Buttermilk biscuit Margarine Pear Granola bar
10 Egg salad on croissant Tomato rice soup Tossed salad w/dressing Jello Pineapple Black bean salad	11 D Stuffed shells (2) Meatballs Green beans Garden salad Italian bread and butter	12 Ham salad on bun Cream of broccoli soup Tossed salad w/dressing Cottage cheese Applesauce Kidney bean salad	13 BBQ beef Sweet potato cubes Baked beans Bun Margarine Tropical fruit	14 Grecian chicken OR Tilapia w/piccata sauce Brown rice Mixed vegetables 3bean salad Multi grain roll Apple
17 Prime rib w/au jus Au gratin potato Carrots Fruit salad Multi grain roll Margarine	18 D Baked chicken (2) Traditional stuffing Broccoli Fruit cocktail Bread and butter	19 Roast beef & cheddar sandwich Navy bean soup Tossed salad w/dressing Peaches Jello Vegetable salad	20 Turkey burger Corn Potato wedges Macaroni salad Wheat bun Orange	21 Swedish meatballs Rotini noodles Peas Coleslaw Multigrain bread Margarine Tropical fruit salad
24 Turkey&Swiss on bun Split pea soup Tossed salad w/dressing Yogurt Fruit salad Cottage cheese Grapes & macaroni salad	25 D Sloppy joes Potato chips Carrots & celery (3ea) Bread & butter	26 Turkey & vegetable casserole Noodles Mixed vegetables Mushroom salad Fruit salad Cornbread & margarine	27 Hot dog on wheat bun Baked beans Potatoes Obrien Applesauce Ketchup & mustard pkt	28 Chicken italiano OR Mediterranean whitefish Carrots Pasta French bread Apple
			<p><i>*Please call a day in advance to Place your reservation</i></p> <p><i>*Wednesdays & Thursdays stop in for a free bagel breakfast.</i></p> <p><i>*Every 3rd Friday of the month @ 10:30Am Oak Street Health will provide FREE blood pressure checks</i></p>	<p>For your safety, if you cannot eat all of your meal or if you are not ready to eat your meal, REFRIGERATE IT RIGHT AWAY! Do not leave it sitting out. Please be safe. Each meal served with fat free or low fat milk.</p>
<p>Menu subject to change due to availability of items. Funding in part is provided by Age Options.</p>				