

# March 2020

Hours: Monday Through Friday, 8:00am to 2:00pm

Brookfield Colgrass café  
9022 31st St  
Brookfield, IL 60513  
708-310-4434

Café Manager: Tanya Harrison

## Events

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lets play .....</p>  <p>2</p>	<p>3</p>	<p>BINGO</p> <p>Following lunch</p> <p>4</p>	<p>Coffee &amp; Colors</p> <p>10am - 11am</p> <p>5</p>	<p>6</p>
<p>Lets play .....</p>  <p>9</p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>Benefits of eating peas</p> <ul style="list-style-type: none"> <li>Improves digestion</li> <li>High in protien</li> <li>Fights inflammation</li> <li>Promotes healthy eyes</li> </ul>  <p>13</p>
<p>Lets play.....</p>  <p>16</p>	<p>Happy St. Patrick's Day</p> <p>Wear Green</p>  <p>17</p>	<p>BINGO</p> <p>Following Lunch</p> <p>18</p>	<p>ICE CREAM SOCIAL</p> <p>\$1</p>  <p>19</p>	<p>20</p>
<p>Lets play.....</p>  <p>23</p>	<p>24</p>	<p>25</p>	<p>Benefits of Spinach</p> <ul style="list-style-type: none"> <li>Helps maintain blood pressure</li> <li>Strengthen muscles</li> <li>Reduces inflammtation</li> </ul>  <p>26</p>	<p>Balloon Volleyball</p> <p>10 - 10:30</p>   <p>27</p>
<p>30</p>	<p>Pizza Party</p> <p>\$5.00</p>  <p>31</p>	<p>31</p>	<p>31</p>	<p>31</p>

### MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF ITEMS

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